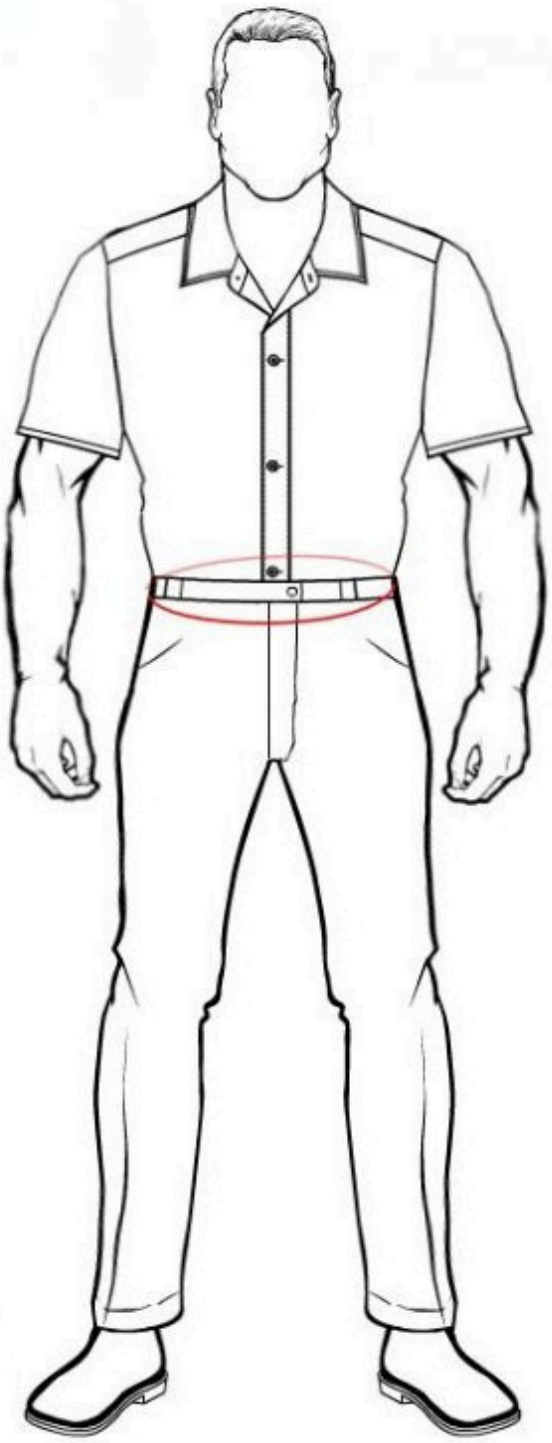
Body Waist Circumference





Waist circumference: Measure around your waist at the level where you would normally wear your pant's belt. Don't be alarmed if this measurement seems larger than expected; off-the-rack pants are normally labeled as being smaller than what they really are.

Trouser Hip Width



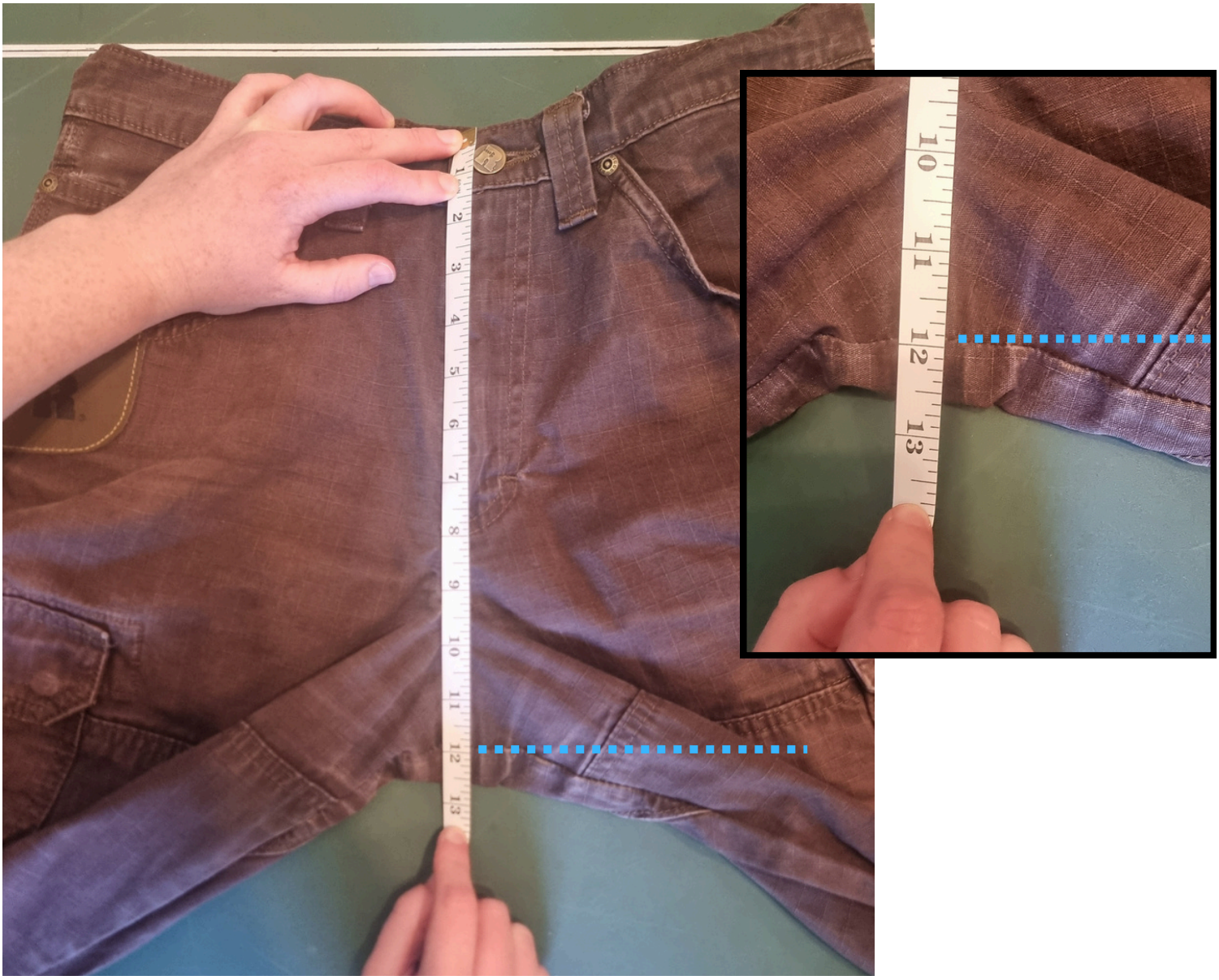
Lay the trousers flat with the back facing up and the closure fastened

Measure across the seat of the trousers, as the widest point.

Measure from the fabric edge, not the seam.

Pull your measuring tape straight and flat.

Crotch Front Rise Length



Lay the garment flat, make sure the closure is done up.

Measure from the top of the waistband, down the front rise, to the crotch seam intersection.

Measure to the **seam**, not the fabric edge.

Pull your measuring tape straight and flat.

Thigh Width





Fold the trousers lengthwise, bringing the centre-front of the trousers to the outer edge. (Front closure will be on the side).

Lift and fold one trouser leg upwards to expose the inner thigh area of the leg underneath.

Measure just slightly down from the crotch seam to allow for a straight measurement.
Measure from the outer fabric edge, across to the opposite edge.
Pull your measuring tape straight and flat.

Inseam Length





Fold the trousers lengthwise.

Lift and fold one trouser leg upwards to expose the inner leg underneath.

Measure from the crotch seam intersection, where the leg seams meet, down the inside leg seam to the bottom edge of the fabric.

Pull your measuring tape straight and flat.

Outseam Length



Fold the trousers lengthwise and lay flat. (Front closure should be on side)

Measure from the top of the waistband, down the outside of the leg, to the bottom edge of the fabric.

Pull your measuring tape straight and flat.

Trouser Cuff Width



Lay the trouser pant cuff flat.

Measure across the bottom of the trouser leg, from one fabric edge to the opposite edge.